

RED CROSS NURSE IS COMING HERE

Public Health Nursing and Home
Hygiene Instruction Part of
Peace Time Program.

SPEAKS AT CHAUTAUQUA

"Nurse the Most Needed Woman in the
World," Says Miss Jane A. Delano,
Director of the Department of Nurs-
ing of the American Red Cross.

To place the public health on a
higher plane than it has ever been in,
the object of a national program un-
dertaken by the American Red Cross
as part of its peace time plan. From
coast to coast and from lakes to gulf
the Red Cross is spreading the gospel
of good health and of the proper care
of the sick by fostering the study and
practice of nursing, both by organized
public health activities and by mem-
bers of the family in every home.
Through the Chautauqua an official
representative of the Red Cross De-
partment of Nursing will soon tell the
people of this community the story of
what is being done and will ask their
co-operation.

One of the great lessons of the world
war is found in the unnecessarily low
standards of physical health revealed.
This was brought out most forcibly in
the great number of rejections of
young men called to the colors under
the Selective Service Law. Records
show that throughout the United
States one-third of the young men ex-
amined for military service were dis-
qualified from bearing arms for their
country through minor physical de-
fects, a large proportion of which
might have been avoided by compul-
sory school examination and proper
medical and nursing care.

Urgent Need of Nurses.
Further proof of the general urgent
need of women trained in nursing was
supplied by the epidemics of Spanish
influenza that have caused terrific
loss of life and suffering throughout
the country. Hundreds of thousands
of persons died, and in many commu-
nities the plague spread without any
adequate means of checking it because
of the impossibility of obtaining wom-
en capable of caring for the victims.
Reports show that many persons ac-
tually died without attention because
the overworked doctors could not
reach them all, nurses could not be
found who knew what to do, and
neighbors feared to go near the help-
less patients.

The uselessness and danger of such
a waste of "human power" is only too
apparent, for the health and strength
of a nation can only be measured by
the health and strength of its people.
Recognizing the fact that the crux of
the whole situation lies in giving every
community the means of building up
its own nursing strength, the Ameri-
can Red Cross, in co-operation with
the various Chautauques, is sending
broadcast the message that none can
afford to ignore.

Phases of Public Health Nursing.
Public health nursing includes many
phases, such as bedside nursing, in
which the nurse visits the patients
and gives them hourly care as neces-
sary; school nursing; care of expect-
ant mothers, babies and small chil-
dren; work in factories and industrial
centers; rural nursing, and instruc-
tion in Red Cross courses, home hy-
giene, home dietetics, care of the sick,
and various other forms of commu-
nity service.

To all American women the Red
Cross sends this message:
"If you are interested in nursing
as a profession, enter one of the train-
ing schools for nurses, many of which
offer scholarships, and specialize in
public health work. If you are al-
ready a graduate nurse and anxious
to enter this field, the Red Cross has
scholarships and loan funds which
will equip you for this work. Wives
and mothers are urged to take the Red
Cross Course of Instruction in Home,
Hygiene and Care of the Sick so that
they will be able to maintain to the
highest degree the health and to nurse
members of their household in time of
minor illnesses."

Throughout the length and breadth
of the land the American Red Cross,
spreading the gospel of good health, is
sounding a call to American women to
adopt the study of nursing, either to
join a profession which is daily be-
coming more highly valued or to fit
themselves for nursing in the home.

The Red Cross lecturer soon to ap-
pear here will help her hearers visual-
ize the remarkable history of nursing
service at home and abroad and will
expound the ideals of health conserva-
tion so often neglected in many com-
munities. Supplementing the senti-
mental side of nursing, the mother-
touch, the lecturer will give a demon-
stration of efficiency in the sick room.
Modern methods of sanitation and sci-
entific handling of the individual sick
and of epidemics will also be outlined
to her audience.

NURSES FOLLOWED THE ARMY.

"For four years," declares Miss Jane
A. Delano, Director of the Department
of Nursing of the American Red Cross,
"wherever the armies of Europe and
America have gone the Red Cross
nurses followed. Now that peace has
come, she is still the most needed wo-
man in the world, for it is her privi-
lege to lead in a great nation-wide
crusade against the ignorance and neg-
lect which allows epidemics and dis-
ease to drain the vitality and the life
of our citizens."

Defining an Impression.
"So you're on the water wagon at
last?"

"Nothing so limited," replied Uncle
Bill Bottletop. "Water has become so
predominant wherever I look that I
feel more as if I were on a steam-
boat."

No End to That.
"I thought more than a year ago
they agreed not to quarrel any more."
"So they did, but they've been wran-
gling about the peace terms ever
since."

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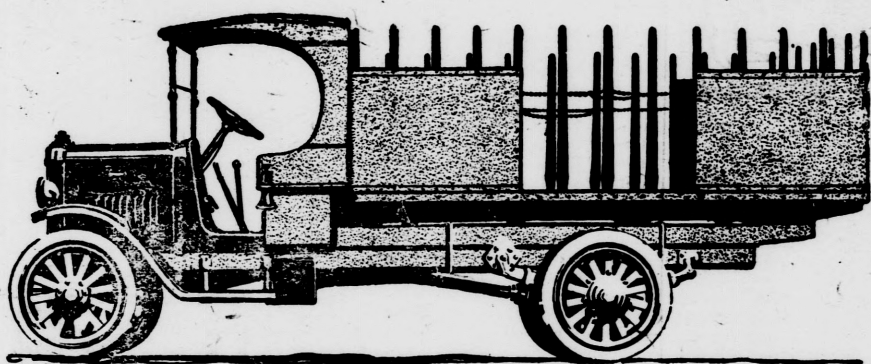
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